

September 23, 2019

AVOID THE FLU: STOP BY THE DOH-CITRUS DRIVE-THRU ON OCTOBER 19

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Flu season is right around the corner, but so are no-cost flu vaccines thanks to the Florida Department of Health in Citrus County (DOH-Citrus) and its drive-thru clinic from 8:30 a.m. to noon on Saturday, October 19, at DOH-Citrus, 3700 W. Sovereign Path in Lecanto.

No-cost flu shots will be available, while supplies last, to adults and children older than 6 months. Participants can get the vaccine right from the comfort of their cars.

Afterwards, residents and visitors are encouraged to head over to the University of Florida IFAS Extension building for their annual plant sale event from 8:30 a.m. to 12:30 p.m.

This is the second annual drive-thru flu event that DOH-Citrus has held to provide vaccines at no cost to the community. Last year, DOH-Citrus provided nearly 300 vaccines to Citrus County residents and visitors.



In addition to good health habits like covering your cough and washing your hands often, a yearly flu vaccine is the single best way to prevent flu illnesses, doctor visits, hospitalizations and sometimes death. The flu vaccine also protects those around you who cannot receive the vaccine.

Yearly flu vaccines are recommended for anyone older than 6 months of age, but they're especially important for older adults, pregnant women, young children and people with underlying health conditions.

It takes about two weeks after vaccination for protection to set in, so October is the perfect time to get vaccinated before flu activity picks up.

For more information about DOH-Citrus, go to www.CitrusCountyHealth.org or follow us on Twitter at [@FLHealthCitrus](https://twitter.com/FLHealthCitrus).

About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](http://www.nacaccredit.org), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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